



## OVERVIEW OF AGE PARAMETERS & GUIDELINES

MEMBERSHIPS	AGE PARAMETER	WAIVER REQUIRED	GUIDELINES
<b>Individual</b>	Ages 12+	Yes	Youth ages 12-17 must have a waiver on-file signed by a parent or guardian
<b>Family</b>	Ages 12+	Yes	<p>Youth ages 12-17 must have a waiver on-file signed by a parent or guardian</p> <p>A family is defined as up to two adults and their dependent children, ages 23 and younger, who reside at the same address.</p>
<b>Senior</b>	Ages 60+	Yes	
<b>Silver &amp; Fit and SilverSneakers</b>	Ages 65+	Yes	Must be Medicare eligible
<b>Punch Card</b>	Ages 12+	Yes	Youth ages 12-17 must have a waiver on-file signed by a parent or guardian
		No	Youth ages 8-11 may use a parent's punch card for lap swim (See below for additional lap swim guidelines)
<b>Family Splash Pass</b>	Ages 12+	Yes	Youth ages 12+ must have a waiver on-file signed by a parent or guardian ONLY if the child receives their own assigned key fob
PROGRAM DROP-INS	AGE PARAMETER	WAIVER REQUIRED	GUIDELINES
<b>Cardio &amp; Fitness Room</b>	Ages 12+	Yes	Youth ages 12-17 must have a waiver on-file signed by a parent or guardian
<b>Group Fitness Classes:</b> Instructor-led Studio & Aquatic	Ages 12+	Yes	Youth ages 12-17 must have a waiver on-file signed by a parent or guardian
<b>Lap Swim</b>	Ages 12+	No	
	Ages 8-11	No	<p>Direct, on-deck parental supervision is required</p> <p>Youth ages 8-11 may use a parent's punch card for lap swim</p>
<b>Water Fitness</b>	Ages 12+	No	
<b>Open Swim:</b> See pool rules and policies for additional open swim guidelines	Ages 12+	No	May attend open swim unattended
	Ages 11 & Younger	No	Must be accompanied in the pool area by a responsible person 16 years or older